

# Emergency Sanitation Items in Basic Storage- Beyond 72 Hrs

Natural and man-made disasters may cause illness and death through inadequate sanitation, poor hygiene practices and contaminated water supplies. We need to plan on how to prepare ourselves for sanitation including:

- Prepare ways to stay clean with limited water supplies- hand washing and bathing. Handwashing is one of the most important things we can do to prevent the spread of disease.
- Create a plan to dispose of human waste to avoid the spread of diseases.
- Keeping a clean environment with liquid hand soap and sanitizer.
- Plan for ways to keep clothing germ free without power and limited water supplies.
- Create a plan to manage solid waste (trash, cans, bottles, kitchen scraps, etc.) to minimize the spread of diseases and rodent attraction. Kitchen scraps should be recycled in a compost pile away from living area. Flatten cans and plastic containers to reduce size and space requirements. Wash glass containers and reuse. Burnable items such as cardboard and paper items can be used as a fuel source. Stock a variety of kitchen trash bags to help in solid waste management.
- Access to important tools (shovels, and adjustable wrenches for water and gas shutoffs, etc.) Know where these shutoffs are located.

Following is a list of items to help prepare for sanitation needs:

## SANITATION SUPPLIES:

- Toilet paper
- Liquid hand soap
- Hand sanitizer
- Paper towels
- Oral and orthodontic care
- Deodorant
- Disinfectants-
  - Bleach
  - Vinegar
  - Baking soda
  - Alcohol
  - Lysol
- Disposable gloves
- Garbage bags
- Feminine products
- Disposable diapers

## DISHWASHING:

- Dishwashing liquid
- Dishcloths, scrubbing pads, and sponge
- Dish drying rack
- Paper plates/supplies

## LAUNDRY:

- Laundry detergent
- Laundry bag

## CLOTHES DRYING:

Rope for a clothesline

Clothes pins

HUMAN WASTE OPTIONS:

Portable toilet (see sample below)

SOLID WASTE DISPOSAL:

Compost

Burn

Bury

Short term storage

SHOWERS/BATHS:

Wet wipes

TOOLS:

Shovel

Adjustable wrench

Plunger

Basic tool set



The above list is intended as a guide to help you customize to your individual and family needs. Plan with what works for you!